

"Progress not Perfection"  
— TBS Motto

"TBS saved my life, and  
the life of my child."  
— TBS Mom

"I didn't care about myself  
before TBS, but now I do  
and I know I have to get  
my stuff together."  
— TBS Youth

"I wish it could last forever.  
TBS gives me guidelines so  
that I'm not so troublesome!"  
— TBS Youth

"His specialist was awesome.  
I wasn't sure we would get  
the positive results. You just  
give us hope – we had been  
trying different things since  
he was 2 1/2 and this has  
worked. Our specialist has  
worked miracles with him  
and they clicked together.  
I was just floored!"  
— TBS Dad



## Our Mission

Casa Pacifica provides  
hope and help for abused,  
neglected or at-risk children  
and their families.

## Our Vision

Casa Pacifica will lead the  
services sector in promoting  
healthy outcomes for children  
and in strengthening families.



CENTERS FOR CHILDREN & FAMILIES

*Providing Hope & Help*

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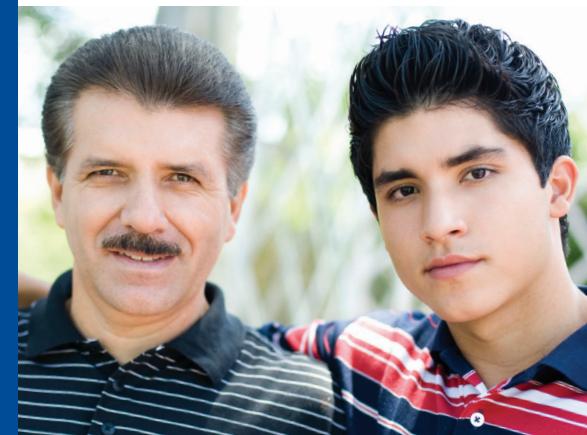


*All of Casa Pacifica's programs meet national  
accreditation standards from the Council on  
Accreditation based in New York City.*



# Therapeutic Behavioral Services Ventura County

INDIVIDUAL TAILORED INTERVENTIONS



CENTERS FOR CHILDREN & FAMILIES

*Providing Hope & Help*



**T**herapeutic Behavioral Services (TBS) are individually tailored interventions designed to teach children and youth new skills to help them manage behaviors that, if unchecked, will result in out-of-home placement. TBS is an ancillary service requested by a child's mental health provider when other interventions have failed to adequately address these extreme behaviors. Casa Pacifica Centers for Children and Families delivers this program through a well-trained interdisciplinary team of professional staff. In providing these services, Casa Pacifica focuses on working cooperatively and collaboratively with the child, their family, community agencies, and other professionals involved with the child and family.

## **T**BS Services Are For Children Who:

- Are full-scope Medi-Cal, and
- Meet MHP medical necessary criteria, and
- Currently receive specialty mental health services, and
- Are at risk of being placed in an RCL 12 group home or higher RTP, or
- Are in an RCL 12 group home or above setting and are at risk of being placed in a higher level of care, or
- Are transitioning from a RCL 12 group home or above setting to a lower level of care and need support and help to make the transition, or
- Have had a psychiatric hospitalization within the past two years or are currently at risk of hospitalization due to a mental health problem.



## **T**BS Treatment Plans

identify which problematic behaviors need to change, as well as replacement behaviors which will be taught to the child and family. Since communication between the caregiver and other involved agencies is a key to success, treatment team review meetings (consisting of the child, caregiver, the referring therapist or case manager, and the TBS staff) are held at the end of 30 days of service and every 60 days thereafter. During these meetings, any pertinent history or information is shared openly within the team and the need for the continuation of TBS services to the child or youth is re-assessed.

