

# Monthly Immunization Update

June 2025

Dear Schools and partners ,

The purpose of this newsletter is to deliver quick and meaningful updates to support our schools and partners in a variety of vaccine settings, and maintain our connection with all of you. We welcome your questions and comments. Please feel free to share this newsletter with all of your colleagues. Thank you !

## *National Men's Health Week*

At every stage of life, men are encouraged to consider three equally important aspects of their health—physical health, mental health and social connection. Men's Health Week and Men's Health Month raise awareness of how these aspects work together and remind men to take charge of their health.

### What is Men's Health Week?

National Men's Health Week was established in 1994 as a special campaign to help educate men, boys and their families about the importance of positive health attitudes and preventive health practices. The week is observed around the world as International Men's Health Week and begins on the Monday before Father's Day in June and ends on Father's Day itself.

The aims of the week are to heighten awareness of preventable health problems for males of all ages, to support men and boys to engage in healthier lifestyle choices and to encourage the early detection and treatment of diseases like cancer, heart disease and depression. [The Importance of Men's Health Month | Brown University](#)



Inside this issue:

## *Educate the Parent or Patient*

Healthcare personnel should be prepared to provide comprehensive vaccine information.

Studies show:

- A strong recommendation from a health care provider is the most important factor in determining whether or not someone gets vaccinated.
- People want clear and consistent information about vaccines.
- **Vaccine information statements** (VISs) are information sheets produced by CDC that explain the benefits and risks of a vaccine.

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## ***Need travel vaccines? Plan ahead.***

International travel increases your chances of getting and spreading diseases that are rare or not found in United States. Find out which travel vaccines you may need to help you stay healthy on your trip.

Before Travel

**Make sure you are up to date with all of your routine vaccines.**

**Check CDC's destination pages for travel health information.** Check CDC's webpage for your destination to see what vaccines or medicines you may need and what diseases or health risks are a concern at your destination.

**Make an appointment** with your healthcare provider or a travel health specialist that takes place at least 4-6 weeks before you leave. They can help you get destination-specific vaccines, medicines, and information. Discussing your health concerns, itinerary, and planned activities with your provider allows them to give more specific advice and recommendations.

Make sure to **bring a copy of your official immunization records with you** when you travel.

Because some vaccines require multiple doses, it's best to see your health care provider as soon as possible.

Take recommended medicines as directed. If your health care provider prescribes medicine for you, take the medicine as directed before, during, and after travel.

### **Where can I get travel vaccines?**

You may be able to get some travel vaccines from your primary healthcare provider. If you or your healthcare provider need help finding a location that provides certain vaccines or medicines, visit CDC's Find a Clinic page.

### **More Information**

CDC Yellow Book: [Travel Vaccine Summary Table](#)



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