

Contract and Therapeutic Formulas

The California WIC Program promotes fully breastfeeding as the norm for infant feeding, including the sick and premature newborn, with rare exceptions.

Therapeutic Formulas (prescription required) as of August 1, 2025



Nutramigen
w/Probiotic LGG
(powder)



Alimentum
(powder)



Neosure



Enfacare



Nutramigen
(concentrate)



Elecare Infant
(powder)



Extensive
HA
(powder)



PediaSure
(approved flavors
vary)

If one of WIC's contract formulas is not appropriate for your patient, there may be a medical condition warranting a therapeutic formula (TF). **As part of the patient's treatment plan, TFs should be covered by the health plan when the clinician provides adequate medical justification.**

WIC provides TFs in the short-term, usually one month, while the prescription through Medi-Cal is processed. WIC will provide TFs in the long-term for participants whose insurance does not cover them and who are not eligible for Medi-Cal. A letter of denial will be requested.

WIC requires a prescription every three months for most therapeutic formulas. The prescription must include the:

- Qualifying diagnosis warranting issuance of a therapeutic formula
- Name of the medically necessary formula
- Amount of ounces per day
- WIC foods NOT appropriate for the diagnosis if > 6 months of age
- Duration: length of time the formula and WIC foods are medically require
- Signature and contact information of the health care professional
- Date prescription was written
- Form: Powder, concentrate, or Ready-to-Feed (RTF). Note: A justification is required for RTF formula

Contract formulas DO NOT require a prescription unless your patient is switching from a TF to a contract formula. As of August 1, 2025 the contract formulas provided by the WIC program are Enfamil Infant, Enfamil Gentlease, Enfamil Reguline, Enfamil AR, and Similac Soy Isomil.

For more information or to speak with a WIC Nutritionist please call Ventura County WIC Program at: (805) 981-5251 or email wic.program@ventura.org