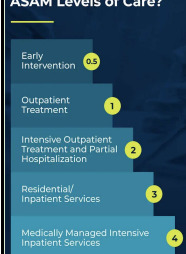


Category	Type	Resource	Contact Info/Access
Harm Reduction <i>Reduce risk and promote safety, regardless of readiness to stop using.</i>	Narcan • Syringe Exchange • Fentanyl Test Strips	Conejo Health (<i>fentanyl test strips & Narcan</i>)	Order free @ conejohealth.com or narcan.me
		COAST Ventura County (<i>Narcan/naloxone Rescue Kit</i>)	coast.venturacounty.gov • 805-667-6663
		Fillmore	
		Fillmore Center • 828 W Ventura St	M-F, 8 AM-5 PM • 805-524-8644
		Ojai	
		Ojai Center • Call for details	Mondays 9-10:30 AM • 805-652-6112 • 805-603-9092
		Ojai Hospital ER Waiting Room • 1306 Maricopa Hwy	24/7 • www.mycmh.org/programs-services/addiction-medicine/
		Oxnard	
		Oxnard Center • Call for details	Fridays 9-10:30 AM • 805-652-6112 • 805-603-9092
		Nate's Place • 3840 W Channel Islands Blvd	Tues-Fri 11 AM-7 PM; Sat 12-5 PM • 805-628-2552
		One Stop • 622 W Wooley Rd	Wednesdays 9-11 AM
		Grey Van, in Parking Lot • 3045 Saviers Rd	Thursdays 1:30-3:30 PM • 805-667-6663
		SP	
		WIC @ VC Public Health • 620 W Harvard Blvd	Wednesdays 1-3 PM
		Simi	
		Sierra Vista Clinic • 1227 E Los Angeles Ave	Fridays 12:30-2:30 PM
		Simi Valley Center • 3150 E Los Angeles Ave	Mon-Fri, 8 AM-5 PM • 805-577-1724
		TO	
		Thousand Oaks Center • 125 W Thousand Oaks Blvd	Mon-Fri, 8 AM-5 PM • 805-777-3570
		Ventura	
		Two Trees Comm Outreach Ctr • 117 N Ventura Ave	Call to make an appointment: 805-667-8695
		Ortega Adobe • 215 W Main St	Mondays 11 AM-12 PM
		West Main Park • 376 W Main St	Tuesdays 9-10:30 AM
		CMH ER Waiting Room • 147 N Brent St	24/7 • www.mycmh.org/programs-services/addiction-medicine/
		Ventura County Public Health • 3147 Loma Vista Rd	Thursdays 10:30 AM-12 PM
		Ventura Center • 5850 Thille St #205	Mon-Fri, 8AM-5PM • 805-652-6919
		River Haven • N Harbor & Olivas Park Dr	Mondays 1:30-3PM
		Auto Center • 3348 Ventura Rd	Tuesdays 11 AM-1 PM
		Project Understanding • 2734 Johnson Dr	Thursdays 9-10 AM
	Hotline	Never Use Alone Hotline Someone stays on the line while you use; calls 911 if needed	24/7 • 800-484-3731 • neverusealone.com
	Harm/Risk Reduction Strategies	Safer Use Strategies <ul style="list-style-type: none"> • Don't use alone. Have someone nearby or use a virtual spotting service to reduce the risk of fatal overdose. (Never Use Alone Hotline 800-484-3731) • Start low, go slow. Always test a new supply by using a small amount first. • Use sterile supplies. Visit a syringe exchange for clean equipment. • Rotate injection sites. This helps prevent infections and vein damage. • Avoid mixing substances. Especially opioids with alcohol or benzos-this combo increases overdose risk. • Check for fentanyl. Use fentanyl test strips when possible to test your supply. Overdose Prevention for Loved Ones <ul style="list-style-type: none"> • Know the signs. Slowed breathing, blue lips, and unresponsiveness are signs of overdose. • Carry naloxone (Narcan). It saves lives-learn how to use it and teach others too. • Make a plan. Create an overdose safety plan if you or someone you love uses multiple substances. Safer Storage & Disposal <ul style="list-style-type: none"> • Store safely. Keep substances and supplies out of reach of kids and pets. • Dispose properly. Use local drop boxes or needle disposal sites-never toss sharps in the trash. Infection Prevention <ul style="list-style-type: none"> • Practice safer sex. Use condoms and get regular STI testing. • Get vaccinated. Ask about Hep A, Hep B, and HPV vaccines. • Care for wounds. Learn how to keep injection sites and skin wounds clean. • Screen and treat. Get tested for HIV and Hep C; ask about PrEP, PEP, or STI treatment if needed. 	
Treatment <i>Preparing to reduce or stop use (or already taking steps) .</i>	All levels of treatment	Ventura County Access Line	Confidential • Toll-free • 24/7 • 866-998-2243
	Outpatient	VCBH Substance Treatment	844-385-9200 • hca.venturacounty.gov/behavioral-health/
		Addiction Medicine Clinic (also serves adolescents)	805-652-6694 • hca.venturacounty.gov/health-and-wellness/addiction-medicine/
		Dr. Khan - Obstetrics, Family Med, & Addiction Tx	schedule via AFMC: 805-652-6100
		A New Start for Moms • Oxnard	VCBH Access/Crisis Line: 1-866-998-2243
	Medication-Assisted Treatment (MAT)	Aegis Treatment Ctrs • Ventura, Oxnard, Santa Paula, Simi Valley	pinnacletreatment.com
	IOP	Arrive Recovery Center • 1333 E Thousand Oaks Blvd Suite #108, TO	arriverecoverycenter.com • 805-918-1374
		Omnia Recovery • Thousand Oaks	omniaarecovery.com • 866-847-2066
		Monarch Recovery • 1445 Donlon St #15, Ventura	monarchrecoverygroup.com • 805-340-0051
	Residential	Passages Ventura • 241 Market St, Port Hueneme	passagesventura.com • 888-812-1554
		Altitude Recovery Community • Camarillo	altituderecovery.com • 866-337-0621
		Ventura Recovery Ctr • 555 St Charles Dr #103, TO	venturarecoverycenter.com • 800-247-6111
		Prototypes Women's Ctr • 2150 N Victoria Ave, Oxnard	805-382-6296
		Khepera House • 125 West Harrison Ave, Ventura	805-653-2596
	Detox	VCMC-Drug and Alcohol Withdrawal Management	805-652-3280

What Are the ASAM Levels of Care?



Recovery Support <i>Help sustain progress, prevent relapse, and build a recovery lifestyle</i>	Support Groups	Ventura County Alcoholics Anonymous	24/7 Hotline • 805-389-1444
		Narcotics Anonymous Ventura County	24/7 Hotline • 888-817-7425
	Substance Use Navigator	Community Memorial Health Centers SUD-focused ECM Program	805-948-4155
		Conejo Health	Mon-Fri, 8 AM-5 PM • 929-244-2677 • After hours call, 848-278-6669
	Peer Support	Nate's Place, A Wellness and Recovery Center Helping at-risk teens and young adults struggling with substance use and/or mental health challenges • 3840 W Channel Islands Blvd, Oxnard	Tues-Fri 11 AM -7 PM; Sat 12-5 PM • 805-628-2552 natesplacewellnesscenter.org
		The Wellness Center (walk-ins permitted) • For adults experiencing mental illness and/or co-occurring substance use • 2697 Saviers Rd, Oxnard	M/Tues/W/F 9 AM-2 PM; Thu 1-4 PM • 805-653-5045
		New Visions Center (must be referred by VCBH) • For adults experiencing mental illness and/or co-occurring substance use • 1065 E. Main Street, Ventura	Mon-Fri, 9 AM-2 PM • 805-247-0705
		Turning Point Oxnard Clubhouse (must be referred by VCBH) • For adults experiencing mental illness and/or co-occurring substance use • 5th St, Oxnard	Mon-Fri, 9 AM-2 PM • 805-247-0705
	Sober Living <i>structured housing for people who are working on recovery from substance use. They provide a drug- and alcohol-free environment with peer support and rules to help residents maintain recovery and build daily routines.</i>	Gold Coast Sober Living Offers a women's and kids' house and a family reunification program	goldcoastsoberliving.com • 805-312-6821
		Ventura Serenity House (for women) • Ventura	805-648-3933 • 805-612-9708
		The Spencer House (for men and women) • Sober living facilities and holistic health-related 12-step programs	805-794-9483
		Genesis Sober Living Offers a 12-step residential sober recovery program; separate homes for men & women; homes for parents with children • Oxnard	genesis-soberliving.org • 805-233-4510
		Solid Foundation Sober Living (for women) • Ventura	805-794-7266
		Monarch Recovery- Milestones Apartments Addiction treatment and sober living options	monarchrecoverygroup.com
		New Hope (for men) • Ventura	805-650-1514
		Stepping Stones (for men) • Oxnard	805-236-9045
		Van Sober Living (for men) • Simi Valley	805-760-8231
		Philips House (for men) • Oxnard	805-317-5657
		Ruben's Place (for men and women, with homes designated for women with children) • Ventura	805-612-9708
Basic Needs & Wellness Support <i>Essential services that promote stability and healing.</i>	Shelter	If you are homeless or experiencing a housing crisis, 211 is a centralized resource for help.	Contact 211
		Salvation Army Ventura Transitional Living Center Transitional living for single women & men	805-648-4977
		Ventura County Rescue Mission Emergency shelter for adult men • 234 E 6th St, Oxnard	805-436-4593
		Coalition for Family Harmony (domestic violence and sexual assault support services) Emergency shelter	805-983-6014
		Interface Domestic Violence Shelter	24-hour hotline: 800-636-6738
		Interface Adult Survivors of Trafficking Shelter	24-hour hotline: 800-636-6738
		Mercy House Emergency Shelters • Oxnard • Ventura	Contact 211
		Kingdom Center (Gabriel's House) Faith-based shelter for single women & women with children • 1450 S Rose Ave, Oxnard	805-487-3445
		Interface Youth Shelter (Ages 12-17)	805-469-5882
		Spirit of Santa Paula Emergency shelter, food assistance	805-340-5025
		Our Place Safe Haven Emergency shelter for adults with mental health/substance use needs • 536 E Thompson Blvd, Ventura	805-652-2151
	Permanent Supported Housing	Turning Point Foundation (multiple programs)	www.tpf-vc.org • 805-652-0000
	Hygiene	River Haven Ventura (showers) • N Harbor & Olivas Park Dr	Mondays 1:30-3 PM
		Salvation Army (showers) • 622 W Wooley Rd, Oxnard	Wednesdays 9-11 AM
	Mental Health Services	Carelon (for Gold Coast Health Plan members)	24/7 • 1-855-765-9702
		Ventura County Behavioral Health	24/7 • VCBH Access/Crisis Line: 866-998-2243 • hca.venturacounty.gov/behavioral-health
	Enhanced Care Management	Cal-AIM/Whole Person Care Intensive multi-disciplinary care coordination services to GCHP members with complex health needs.	Talk to your medical provider or call 805-339-1122 • wholepersoncare@ventura.org
	Public Health Nursing	Baby Steps to Wellness Program PHNs support pregnant women and infants experiencing housing instability, substance use disorders (SUD), or syphilis.	vchca.org/chn • 805-981-5115
	211 Ventura County https://211ventura.org • For more info & resources: choosechange.org		