

Commonly Asked Questions

- **What will happen during the first visit?**
 - You will meet with the therapist(s) to learn about the program services. During this meeting, you will be able to talk about your/your child's needs and expectations for therapy. After you have signed a consent form, the client will be evaluated to determine their therapy needs.
- **Is there an income requirement for services?**
 - There are no income requirements to receive MTP services. Client eligibility is based on age (birth to 21), residency in Ventura County, and a program-eligible diagnosis.
- **Does a doctor need to make a referral?**
 - Anyone can make an initial referral to the MTP, including hospital and clinic personnel, parents, teachers, self-referral, etc. However, therapy orders and medical records from a CCS-paneled physician will be needed to determine eligibility and begin treatment.
- **What are my responsibilities as a program client or parent/guardian?**
 - Your role is important. As part of our program requirements, we ask that you keep your appointments or call if you need to miss one. In a team approach, we ask that you participate in home programs and conferences with therapists, follow up regularly with a physician familiar with your/your child's diagnosis, and share your concerns and expectations.

Medical Therapy Units (MTUs)

Conejo Valley MTU
1135 Windsor Drive
Thousand Oaks, CA 91360
805-230-2587

East Oxnard MTU
800 Morado Place
Oxnard, CA 93030
805-437-1437

Oxnard MTU
3150 Via Marina Avenue
Oxnard, CA 93035
805-382-1784

Penfield MTU
640 Jazmin Avenue
Ventura (Saticoy), CA 93004
805-647-0310

Simi Valley MTU
2250 Tracy Avenue
Simi Valley, CA 93063
805-584-9501



VENTURA COUNTY
PUBLIC HEALTH

Protecting Health - Promoting Wellness

California Children's Services (CCS)



Medical Therapy Program (MTP)

Questions?



805-981-5281



hca.venturacounty.gov/mtp

Medical Therapy Program (MTP)

MTP is a program under California Children's Services (CCS), which provides **physical** and **occupational therapy** services to children and young adults with medically eligible conditions. Medical Therapy Units (MTUs) are outpatient rehab-certified clinics where physical and occupational therapy services are provided. Ventura County has five (5) MTUs, and all are located on school sites.

MTP Services

- Work to maximize independence with mobility and activities of daily living in the home and community environments.
- Evaluate, treat, and consult to develop individualized physical and occupational therapy plans in collaboration with clients, families, and caregivers.
- Determine if special equipment is needed.
- Provide client/parent education about the diagnosis and physical challenges.
- Provide information about community programs and events, such as inclusive sports and recreation.
- Assist in transition to adult services.
- Collaborate with the client's school and participate in Individualized Education Plans (IEP).



Eligibility for MTP is Based on:

- **Age (birth to 21)**
- **Resident of Ventura County**
- **Medically eligible conditions such as:**
 - **Cerebral Palsy**
 - **Neuromuscular conditions** with muscle weakness/atrophy, i.e., poliomyelitis, myasthenia gravis, and muscular dystrophy.
 - **Chronic musculoskeletal and connective tissue diseases or deformities**, such as osteogenesis imperfecta, arthrogryposis, rheumatoid arthritis, amputations, and contractures resulting from burns.
 - **Other conditions**, such as ataxia, degenerative neurological diseases, or intracranial processes.
 - **Children under age 3** who demonstrate neurological findings that suggest a high probability of a physical disability, need to demonstrate two (2) of the following:
 - Exaggeration of or persistence of primary reflexes beyond the normal age (corrected for prematurity).
 - Increased deep tendon reflexes (DTRs) of 3+ or greater.
 - Abnormal posturing as characterized by arms, legs, head, or trunk turned or twisted abnormally.
 - Hypotonicity with normal or increased DTRs in infants below 1 year of age.
 - Asymmetry of motor findings of trunk and/or extremities.

Occupational Therapy

- Evaluate and address limitations in fine motor and visual motor coordination, self-feeding, swallowing, and strength as it relates to completion of activities of daily living.



Physical Therapy

- Evaluate and address limitations in mobility, motor control, balance, muscle strength, joint range of motion, equipment needs, and motor coordination to increase access to home and community.

Both Therapies

- Utilize a team approach, empower clients and families, and provide quality treatment services.
- Develop strategies to facilitate independence in the home and community environment.
- Consult with medical providers, the education team, and equipment vendors.
- Assist in obtaining specialized equipment.