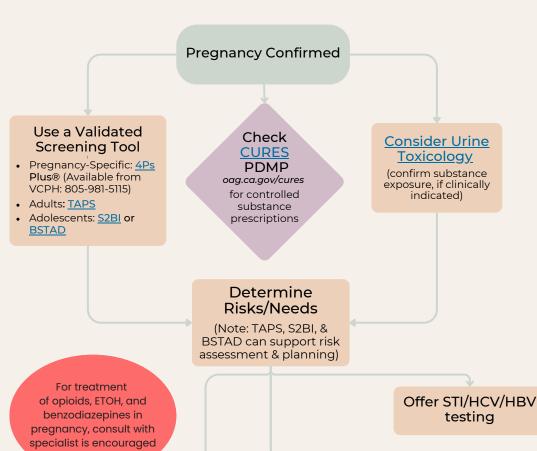
VC PSUTF

Screening and Assessment

Interventions/Referrals



Clinical Resources & References

Consultation Services:

 NCCC: 855-300-3595 (peer-topeer consultation with experts in substance use evaluation and management).

Toolkits and Guidelines:

- Mother & Baby Substance Exposure Toolkit
- Clinical Guidance for Treating Pregnant and Parenting Women with Opioid Use Disorder and Their Infants
- Screening, Brief Intervention, & Referral to Treatment (SBIRT) (SAMHSA)

Provider Training:

<u>Video: Implementing SBIRT:</u>
 An Effective Approach to Care (ACOG)

Refer to 24/7 Substance Use Tx Access Line

Ventura County Access Line | 866-998-2243 (24/7) [brochure]

Provide SUD Navigation 24/7 Support Line

Conejo Health | 850-SUD-ASAP

Refer to Care/Case Mgmt.

for additional support

Community Health Nursing

no income or insurance requirements

• Baby Steps to Wellness: Pul

- Baby Steps to Wellness: Public Health Nurses (PHNs) support pregnant women & infants with housing instability, substance use concerns, or syphilis.
- Nurse-Family Partnership: PHNs support first-time moms from pregnancy through the child's second birthday to strengthen parenting and family stability.

Gold Coast Health Plan Members

- <u>ECM</u>: Intensive multi-disciplinary case management.
 - For direct ECM referrals to Conejo Health for patients with SUD needs, submit ECM referral form to ecm@conejohealth.com
- GCHP RN Care Management:
 Phone-based care coordination, non-complex care management.

 & complex case management.

Prescribe or Provide Naloxone

(Narcan or Kloxxado for opioid use risks)

Provide 24/7 Hotlines

- 988 | Suicide & Crisis Lifeline
- VCBH Crisis | 866-998-2243
- Never Use Alone | 877-696-1996

Initiate Treatment Referrals

Outpatient

- <u>Dr Khan, Addiction, Family</u> <u>Medicine, & Obstetrics</u> <u>expert</u>
 - Ventura; 805-652-6100
- A New Start for Moms
 Oxnard; 805-981-9250
- <u>Aegis/Pinnacle</u> (opioids)
 Oxnard; Santa Paula; Simi Valley
 Ventura; 844-303-5347

Residential

Prototypes (serves women) Oxnard; 805-382-5150

Counsel Patients

on the maternal and fetal risks of substance use in pregnancy, and provide education materials

Patient Education Materials

- Alcohol & Drug Use During Pregnancy (PDF: English, Spanish)
- <u>Alcohol During</u> <u>Pregnancy</u>
- <u>Marijuana and</u> <u>Pregnancy</u>
- Good Care for You and Your Baby While Receiving Opioid Use Disorder Treatment
- Opioid Use Disorder and Pregnancy Factsheet (PDF)

Factsheet (PDF)

- MotherToBaby® <u>Fact</u> Sheets on <u>Pregnancy &</u> Breastfeeding <u>Exposures</u> (PDF) Series
- <u>Understanding</u>
 <u>Mandated Reporting</u>
 for Substance Use
 during Pregnancy

Provide Resource List

<u>Community Resource List - Substance Use/Recovery</u>

Other Resources

Smoking Cessation

Kick It California Provider
Referral (quit smoking,
vaping, or smokeless)

Doulas

Medi-cal Doula Directory

Food Assistance

- Food pantries
- WIC

Transportation

Ventura Transit (Medi-Cal)

Maternal Mental Health Support

- Maternal Mental Health <u>Hotline</u>; 833-852-6262 (24/7 support)
- Postpartum Support International (PSI)
 Helpline; 800-944-4773
- PSI Support Groups

Home Visiting Programs

<u>Ventura County Home</u> <u>Visiting Programs (PDF)</u>